

A taste of heaven!



the
Flying
Biscuit[®]
cafe

breakfast served all day!
lunch and dinner

www.flyingbiscuit.com

breakfast all day

★ Served with a Flying Biscuit & your choice of oven-roasted "moon dusted" potatoes or creamy dreamy grits or a side salad of field greens.

(We will be happy to substitute egg whites)

- ★ **The Flying Biscuit Breakfast...** two large farm fresh eggs served with our signature chicken breakfast sausage. (Substitute Morningstar Farms SOYsage at no charge.)*
- ★ **The High Flyer...** two large farm fresh eggs served with our signature chicken breakfast sausage plus an organic oatmeal pancake topped with warm peach compote.*
- ★ **Steak & Eggs...** all-natural, hormone free, grass-fed flat iron steak grilled to medium rare, served with two large farm fresh eggs.*
- ★ **Piedmont Omelette...** three large farm fresh eggs with chicken sausage, turkey bacon, sauteed onions & cheddar cheese.
- ★ **Clifton Omelette...** three large farm fresh eggs with goat cheese, mushrooms & fresh basil, topped with warm tomato coulis.
- ★ **Bacon & Eggs Breakfast...** two large farm fresh eggs with three strips of crisp turkey bacon.*
- ★ **Hollywood Omelette...** egg whites, spinach, mushrooms & mozzarella cheese, topped with a warm tomato sauce.
- ★ **Egg-stravaganza...** two large farm fresh eggs served with our signature chicken breakfast sausage, crisp turkey bacon, plus whole wheat french toast topped with raspberry sauce & honey creme anglais.*
- ★ **Southern Scramble...** crisp turkey bacon, spicy collard greens, onions and cheddar cheese scrambled with three large farm fresh eggs.
- ★ **Veggie Scramble...** three large farm fresh eggs scrambled with sauteed market vegetables and mozzarella.
- ★ **Scrambled Tofu...** red and green peppers, onions, mushrooms and spinach sauteed with tamari-marinated tofu.
- ★ **Egg-ceptional Eggs...** two over-medium eggs on black bean cakes topped with oven-roasted tomatillo salsa, feta cheese & sour cream.*
- ★ **Meggxican Wrap...** a spicy scramble of eggs, cheddar cheese, onions & serrano peppers wrapped in a flour tortilla, topped with warm tomato salsa & a dollop of sour cream. (Substitute tofu at no charge.)
- ★ **Egg-stra Ordinary Breakfast...** two farm fresh eggs, potatoes, creamy dreamy grits and a fluffy Flying Biscuit.*
- ★ **Smoked Salmon Scramble...** wood-smoked salmon & dill cream cheese scrambled with three large farm fresh eggs.
- ★ **Pasta, Sausage & Eggs...** chicken sausage, pasta, spinach, mushrooms, cheddar cheese scrambled with three large farm fresh eggs.

hot off the griddle

Served with a fluffy Flying Biscuit.

Organic Oatmeal Pancakes... three cakes, topped w/warm peach compote, served w/maple syrup.
French Toast... thick-sliced whole wheat bread topped w/raspberry sauce & honey creme anglaise.

sides

Short Stack of Organic Oatmeal Pancakes... two pancakes topped with warm peach compote. one pancake topped with warm peach compote.

Half-Order of French Toast... one piece topped with raspberry sauce & honey creme anglaise.

Breakfast Sausage Patties... two patties... our signature hand-crafted, chicken sausage.

Turkey Bacon... three strips.

Morningstar Farms SOYsage... two patties.

Oven-Roasted "Moon Dusted" Rosemary Potatoes

Grits... our award-winning creamy, dreamy southern-style grits.

Sausage, Egg & Cheese Biscuit*

Bacon, Egg & Cheese Biscuit*

Egg & Cheese Biscuit*

Biscuit... whole wheat or flying, served with famous cranberry apple butter.

to-go-go

Just let your server know.

Biscuits To Go... served with famous cranberry apple butter.

1 dozen

Cranberry Apple Butter

1 jar

Balsamic Vinaigrette

1 bottle

Flying Biscuit Cookbook... the story of the biscuit & recipes too!

Official Flying Biscuit T-Shirt... limited edition

appetizers

Flying Fried Green Tomatoes... dredged in seasoned cornmeal, sauteed to a golden brown and topped with cashew-jalapeno relish and goat cheese.

Side of Love... two black bean cakes topped w/tomatillo salsa, sour cream, feta cheese & red onion.

Small Black Bean Quesadilla... refried black beans, mozzarella cheese, spicy chipotle sauce & sour cream.

Roasted Red Pepper Hummus... with a sun dried tomato tortilla, garnished with feta, onion and pickled okra.

Baked Brie... en croute with honey peaches and raspberry sauce.

Side Salad... (add \$1.00 for crumbled bleu cheese)

House Salad... field greens tossed with our balsamic vinaigrette...and a Flying Biscuit.

Stoup of the Day... a cross between stew and soup ...changes all the time...just ask.

cup
bowl & a biscuit

favorites

Served with a fluffy Flying Biscuit and your choice of a side salad or cup of stoup du jour.

Shrimp & Grits... creamy, dreamy white cheddar grits topped w/sauteed jumbo shrimp in a roasted red pepper & tomato sauce.

Flat Iron Steak... all-natural, hormone free, grass-fed, grilled to medium rare with yukon gold mashed potatoes and sauteed french green beans.*

Coca-Cola **Glazed Salmon...** yukon gold mashed potatoes and wilted spinach.*

Pomodoro Chicken... puff pastry pocket stuffed with spinach, tomatoes, mushrooms, mozzarella and topped with basil & goat cheese.

Oven Fried Chicken... herb-crust chicken breast, grilled macaroni & cheese and collard greens.

Turkey Meatloaf & Pudge... thick-sliced & grilled, topped w/a horseradish cream sauce and served w/pudge. (PUDGE: An old family recipe for mashed potatoes)

Love Cakes... three black bean & cornmeal cakes, sauteed and topped with a tomatillo salsa, sour cream, feta cheese & spears of red onion.

BBQ Chicken Burrito... bbq chicken, collard greens, sweet onions, red & green peppers and cheddar cheese folded into a sun dried tomato tortilla, topped w/warm red salsa & sour cream.

Vegan BBQ Burrito... bbq tofu, collard greens and mushrooms folded into a sun dried tomato tortilla, topped with salsa verde. (For those not so vegan, Flying Biscuit & sour cream available.)

signature salads

Served with a fluffy Flying Biscuit.

Warm Chicken Salad... grilled chicken breast, oven-roasted rosemary potatoes and a crumble of bleu cheese on a bed of field greens with balsamic vinaigrette.

BLT Salad... fried green tomatoes, crisp turkey bacon, cashew-jalapeno relish and goat cheese on a bed of field greens, tossed with balsamic vinaigrette.

Coca-Cola **Glazed Salmon Salad...** pan-sauteed salmon filet, oven-roasted potatoes, red onions and feta on a bed of field greens with balsamic vinaigrette.*

Fried Egg Salad... two farm fresh eggs over medium, oven-roasted potatoes, crisp turkey bacon, on a bed of field greens tossed w/balsamic vinaigrette, drizzled w/spicy chipotle aioli.*

Tofu & Tater Salad... tamari-marinated tofu and oven-roasted rosemary potatoes on field greens, tossed with balsamic vinaigrette, topped with feta cheese and red onion spears.

sandwiches

Served on a whole wheat bun with a fluffy Flying Biscuit & your choice of oven-roasted "moon dusted" potatoes or a side salad of field greens or cup of stoup du jour.

(Options: Housemade roasted red pepper mustard, chipotle aioli, tamari aioli, dijon, mayo, lettuce & tomato.)

Cheddar & Bacon Turkey Burger... cheddar, crisp turkey bacon, roasted red pepper mustard, lettuce & tomato.

Turkey Burger... roasted red pepper mustard, lettuce & tomato.

Fried Green Tomato BLT Sandwich... crisp turkey bacon, fried green tomatoes, lettuce, cashew-jalapeno relish & goat cheese.

Bacon & Cheddar Chicken Sandwich... crisp turkey bacon and cheddar cheese on a grilled chicken breast with lettuce, tomato & chipotle mayo.

3B Chicken Sandwich... bleu cheese, bacon & basil on grilled chicken breast with lettuce, tomato & tamari aioli.

Hummus Wrap... sun dried tomato tortilla stuffed with rosemary potatoes, lettuce, tomatoes, red onions & feta.

Black Bean Quesadilla... refried black beans & mozzarella sandwiched between two flour tortillas, topped with sour cream and chipotle sauce. (Add chicken \$8.95)

Devil Burger... spicy & hot...veggie & grain patty topped with feta cheese, red onion spears, smoky jalapeno sauce, lettuce & tomato.

Angel Burger... veggie & grain patty with tomato, lettuce & roasted red pepper mustard.

The Fried Egg Sandwich... crisp turkey bacon, two fried eggs, cheddar cheese, lettuce, tomato & tamari mayo.*

how many biscuits should a biscuit maker bake?

Delia Champion, founder of The Flying Biscuit Cafe, daydreamed about opening a neighborhood cafe for years. The night before opening day, the Biscuit-eers gathered around a table in their freshly painted dining room, to plan their first batch of biscuits. Delia asked, "How many biscuits should we make tomorrow morning?"

The baker figured she had 10 friends who would stop by. Other Biscuit-eers thought they could round up 15 guests each. Delia figured she had a dozen or so former co-workers, from her server days, who might show up...if they weren't too tired.

"And," Delia said, "We should make a few extra...a total of 90 should be plenty...we don't want to have too many left over."

The next morning at 7am, The Flying Biscuit Cafe served its inaugural breakfast. Customers got their first taste of those now-famous, enormous, sugar-sprinkled, "flying" biscuits. The first batch of biscuits sold out by 11am, and The Flying Biscuit had to close the doors for the day, wondering if 120 biscuits might be enough for Day 2.

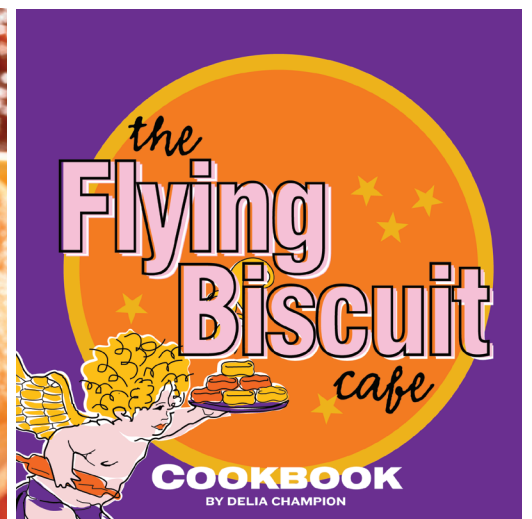
As the story goes, they were wrong again. On an average week now, the biscuit makers bake close to 5,000 biscuits per store...by hand, using real butter, light cream and a lot of love!



CATERING FOR ALL OCCASIONS!



take some biscuit love home today...
Biscuits To Go...Cranberry Apple Butter...Balsamic Vinaigrette
Flying Biscuit Cookbook...Official Biscuit T-Shirt...Biscuit Hats



*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

18% gratuity added to parties of six or more.

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